

Vision and Mission

Vision: To be a first-rate source of development opportunities that empower teams and leaders in the Tri-State area using our distinctive venue and equine assisted learning.

Mission: To serve the community with valuable opportunities for professional, educational and personal growth that inspire excellence in leadership, team, and career goals.

Our Values:

- ✓ Honesty – Horses are always honest. We return that transparency to them and to others.
- ✓ Communication – We are reminded that every interaction with a horse or human is a conversation.
- ✓ Authenticity – Horses are mirrors. Our reflection should be genuine and fearless.
- ✓ Purpose – Every horse has a role in the herd. We try to make ours meaningful.
- ✓ Fun – Enjoy life; we stop and pet the horses.

Contact Us

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Carey Springs Farm
Equine Assisted Learning



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**WHERE HORSES INSPIRE
EXCELLENCE**



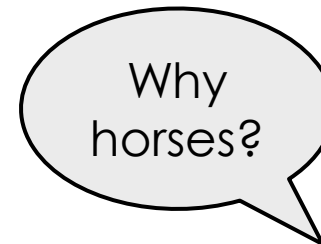


What is equine assisted learning?

We partner with horses to empower teams and leaders with non-riding growth opportunities that develop confidence and trust in fun ways.

The value of learning from horse partners comes from the horses' ability to work together in the herd as a team.

The horse herd paradigm is combined with assessment tools and proven leadership and learning paradigms to create a unique kinesthetic learning experience.



Sam, a member of our herd

Our Services

Leadership and team building workshops

A pre-workshop assessment will assist us in preparing a unique experience for each client or group. Workshops are half or full day with 4-7 horse activities, depending on time. Activities will involve interacting with horses on the ground (no riding). Breaks and refreshments will be provided. Lunch is provided with full-day workshops. An action plan will be created by participants at the end of each workshop.

Special topics workshops

Women in leadership
 Imposter syndrome
 Coping with Burnout
 Career Development
 Mindfulness and Self-awareness
 Economics of horse ownership

Strengthening teams and leaders with HORSE Power



Horses:

- ❖ have emotions
- ❖ are highly self-aware
- ❖ reflect what humans communicate in real time
- ❖ recognize incongruence between behavior and emotion
- ❖ are sensitive to nonverbal cues
- ❖ are nonjudgmental

All this gives the horse a remarkable capacity to recognize and mirror an individual's emotional states, offering observable and physical feedback.

That feedback can be reflected upon, analyzed, and used to make positive and beneficial changes.

To connect with a horse, you must communicate with them in a genuinely authentic way that builds their trust in you and motivates them to perform a task.