



Everything DiSC[®] – The Culture Catalyst[™]

We believe an organization's true potential lies within its people.

Contact me for more information:



Cathy Carey, PhD
Carey Springs Farm, LLC
3599 Fehd Road
Elberfeld, IN 47613
(812)549-7536

carey@careyspringsfarm.com
careyspringsfarm.com



**Team Dynamics &
Leadership Coaching**

AUTHORIZED PARTNER
EVERYTHING
A Wiley Brand



DISCOVER THE POWER OF WE™

WORKPLACE

Engage every individual in building more effective relationships at work.



AGILE EQ

Develop the emotional intelligence necessary to support a thriving agile culture.



MANAGEMENT

Teach managers to successfully engage, motivate, and develop their people.



PRODUCTIVE CONFLICT

Harness the power of conflict by transforming destructive behavior into productive responses.



WORK OF LEADERS

Create impactful leaders through the process of Vision, Alignment, and Execution.



SALES

Provide salespeople with the skills to adapt to customers' preferences and expectations.



MANAGEMENT

Teach managers to successfully engage, motivate, and develop their people.



Why?

To enhance one-on-one management skills and effectively lead individual team members.

Focus:

Enhancing individual management skills to improve direct reports' motivation, delegation, and development.

Benefits:

Personalized insights into management style
Strategies for improving communication and relationships
Tools for effective delegation and motivation

Ideal for:

Frontline managers
Mid-level managers
Team leaders

Number of People:

1-30

WORK OF LEADERS

Create impactful leaders through the process of Vision, Alignment, and Execution.



Why?

To develop a cohesive strategy for leading teams and driving organizational success through effective one-to-many leadership.

Focus:

Enhancing leadership skills by focusing on vision, alignment, and execution, and fostering strategic thinking and team collaboration.

Benefits:

Personalized insights into leadership style
Strategies for crafting and communicating vision
Tools for building alignment and executing plans

Ideal for:

Executive teams
Departmental leaders
Project managers

Number of People:

1-30

PRODUCTIVE CONFLICT

Harness the power of conflict by transforming destructive behavior into productive responses.



Why?

To turn workplace conflicts into opportunities for growth and collaboration.

Focus:

Enhancing conflict management skills by improving self-awareness, communication, and emotional regulation.

Benefits:

Personalized insights into conflict responses
Strategies for transforming conflict into collaboration
Tools for managing and resolving workplace conflicts effectively

Ideal for:

Employees at all levels
Teams
Managers

Number of People:

5-30

SALES

Provide salespeople with the skills to adapt to customers' preferences and expectations.



Why?

To boost sales performance by tailoring approaches to match customer buying preferences.

Focus:

Enhancing sales effectiveness by improving adaptability, communication, and customer relationships.

Benefits:

Personalized insights into selling style
Strategies for connecting with different customer buying styles
Tools for improving sales interactions and outcomes

Ideal for:

Sales professionals
Sales teams
Sales managers

Number of People:

5-30

WORKPLACE

Engage every individual in building more effective relationships at work.



Why?

To foster better teamwork and communication among colleagues.

Focus:

Enhancing workplace effectiveness by improving communication, fostering collaboration, and increasing understanding among team members.

Benefits:

Personalized insights into work style
Strategies for improving communication and teamwork
Tools for building stronger workplace relationships

Ideal for:

Employees at all levels
Teams
Managers

Number of People:

1-30

AGILE EQ

Develop the emotional intelligence necessary to support a thriving agile culture.



Why?

Improve emotional agility and handle diverse social situations more effectively.

Focus:

Enhancing emotional intelligence by increasing self-awareness, emotional regulation, and social skills.

Benefits:

Personalized insights into emotional intelligence
Strategies for adapting and responding to different situations
Tools for improving interpersonal interactions and emotional agility

Ideal for:

Teams
Managers
Individuals seeking to enhance emotional intelligence

Number of People:

1-30



Rise **WORK TOGETHER**

Learn how you can leverage The Five Behaviors[®] to build truly cohesive teams.

Contact me for more information:



Cathy Carey, PhD
Carey Springs Farm, LLC
3599 Fehd Road
Elberfeld, IN 47613
(812)549-7536
carey@careyspringsfarm.com
careyspringsfarm.com



**Team Dynamics &
Leadership Coaching**

Authorized Partner

**The Five
Behaviors[®]**

A **Wiley** Brand



Personal Development

Build a Culture of Teamwork

Helps individuals to better understand themselves and others to work effectively on any team

Focus:

Enhancing individual awareness and behavior
Developing personal accountability and effective communication

Benefits:

Improved self-awareness
Enhanced ability to work effectively with others
Better personal and professional relationships

Ideal For:

New employees
Personal leadership development
Professionals aiming to enhance collaboration skills

Number of People:

Up to 30



Team Development

Develop a Cohesive Intact Team

Helps participants better understand themselves, the personalities on their team, and how they can effectively work together

Focus:

Strengthening team cohesion and trust
Enhancing team communication and collaboration

Benefits:

Increased trust and collaboration within the team
Improved team performance and productivity
Enhanced team communication and conflict resolution

Ideal For:

Project teams
Departmental teams
Leadership teams

Number of People:

5-12



Equine Assisted Learning

Enhanced Team Cohesion

Partner with horses to empower teams and leaders with non-riding growth opportunities that develop confidence and trust in fun ways

Focus:

Unlock transformative insights into mindfulness, communication, and collaboration

Learn from horse partners to work together as a team

Benefits:

Proven learning paradigms

Unique learning experience

Fun retreat/event that builds team cohesion

Ideal for:

Newly formed teams

Developed teams

Women in leadership

Number of People:

6-15



Labyrinth Walks

Pathways to Mindful Leadership

Provides a meditative experience to foster mindfulness and leadership. Walking the labyrinth can bring clarity, reduce stress, and enhance decision-making for more effective leadership.

Focus:

Mindful Leadership Development

Stress Reduction and Relaxation

Enhanced Decision-Making Skills

Benefits:

Improved focus and concentration

Increased self-awareness and emotional intelligence

Greater resilience and adaptability

Ideal for:

Suitable for individuals or groups

Number of People:

1-15

The Process of Equine Assisted Learning

Assess individuals' strengths and energies using recognized tools.

Structure a program around individual and team goals, leveraging strengths.

Start with hands-on, nonriding activities with horses.

Interfer insights gained from interactions with horses.

See parallels to workplace dynamics and interactions.

Translate into strategies that harness the newfound skills and behaviors.

Execute strategies capitalizing on the acquired skills and behaviors.

Determine progress by revisiting goals regularly.



WHERE HORSES INSPIRE EXCELLENCE



Carey Springs Farm
EQUINE ASSISTED LEARNING

careyspringsfarm.com
(812)549-7536

